



BEFORE YOUR PROCEDURE:

- A Pre-Assessment Nurse will call you to:
 - Review your medical and surgical history.
 - Review your current medications.
 - Provide you instructions to follow prior to your procedure date.
 - **Please have your current medication list and be prepared to take notes on instructions given to you.**
- Arrange for transportation to and from your procedure. You are required to be discharged home with a responsible adult who can receive discharge instructions to assist you in your recovery at home.
 - **NOTE:** Uber/ Lyft and MARTA are **NOT** acceptable forms of transportation at discharge unless you are accompanied by a responsible adult.

NIGHT BEFORE YOUR PROCEDURE:

FOR YOUR SAFETY, FAILURE TO FOLLOW DIET AND PREP INSTRUCTIONS MAY RESULT IN YOUR PROCEDURE BEING DELAYED OR CANCELED.

- DO NOT eat or drink anything after midnight
 - The **day of your procedure**, you may need to complete your bowel prep as directed by your physician and should take **approved** medications with a small sip of water (see attached list for medications and how to hold them).
- Follow the prep instructions provided by your doctor. If you have any questions about your prep, contact your doctor's office.
 - **Note:** Clear liquids include: water, tea, coffee, broth, Gatorade, apple juice or grape juice (no citrus juices). Sugar is acceptable. **No milk products or creamer, no purple or red colored liquids.**

Pre-Procedure Instructions

Medication Instructions

FOR YOUR SAFETY, YOUR PROCEDURE MAY BE DELAYED OR CANCELED IF THE MEDICATION, PREP, AND DIET INSTRUCTIONS ARE NOT FOLLOWED.

Please Note: This list does not include all medications you may be taking.

A Pre-Assessment Nurse will review your full list of medications and give additional instructions.

BLOOD THINNERS	If you are currently taking a blood thinner or anti-platelet medication, confirm with your physician and the doctor who prescribes this medication on when to stop the medication before your procedure and when to re-start the medication after your procedure.	<ul style="list-style-type: none">• Xarelto® (rivaroxaban)• Eliquis® (apixaban)• Pradaxa® (dabigatran)• Plavix® (clopidogrel)• Coumadin® (warfarin)• Brilinta® (ticagrelor)• Effient® (prasugrel)• Pletal® (cilostazol)• Indomethacin
NON-STEROID ANTI-INFLAMMATORY (NSAIDS)	Confirm with your physician on when to stop the medication before your procedure and when to restart after your procedure.	<ul style="list-style-type: none">• Aspirin• Diclofenac• Motrin®, Advil (ibuprofen)• Indomethacin• Ketoprofen• Aleve® (naproxen)• Piroxicam®• Sulindac• Mobic® (meloxicam)
GLP-1 RECEPTOR AGONIST MEDICATIONS	Instructions apply if you are taking the medication for diabetes or weight loss: If you take the medication weekly , stop taking the medication for at least 7 days before your procedure. If you take the medication daily , stop taking the medication for 1 day before your procedure and do not take the day of your procedure.	<u>Injectable GLP-1 Receptor Agonists</u> <ul style="list-style-type: none">• Mounjaro®, Zepbound® (tirzepatide)• Ozempic®, Wegovy® (semaglutide)• Trulicity® (dulaglutide)• Byetta®, Bydureon® (exenatide)• Victoza®, Saxenda® (liraglutide)• Xultophy® (insulin deludec/ liraglutide) <u>Oral GLP-1 Receptor Agonists</u> <ul style="list-style-type: none">• Rybelsus® (semaglutide)

GLP-1 receptor agonist medications slow your stomach from emptying. For your safety, it is recommended that you follow a **clear liquid diet 24 hours before your procedure** to allow your stomach to completely empty.

FOR YOUR SAFETY, YOUR PROCEDURE MAY BE DELAYED OR CANCELED IF THE MEDICATION, PREP, AND DIET INSTRUCTIONS ARE NOT FOLLOWED.

SGLT-2 INHIBITORS	Stop taking medication 4 days before procedure.	<ul style="list-style-type: none"> • Steglatro® (ertugliflozin) • Segluromet® (ertugliflozin/Metformin) • Steglujan® (ertugliflozin/Sitagliptin)
	Stop taking medication 3 days before procedure.	<ul style="list-style-type: none"> • Invokana® (canagliflozin) • Farxiga® (dapagliflozin) • Jardiance® (empagliflozin) • Glyxambi® (empagliflozin/Linagliptin) • Invokamet®, Invokamet XR® (canagliflozin/metformin) • Qtern® (dapagliflozin/ saxaglipti) • Synjardy® (empagliflozin/metformin) • Trijardy XR® (empagliflozin/linagliptin/ metformin) • Xigduo XR® (dapagliflozin/metformin) • Inpefa® (sotagliflozin) • Brenzavvy® (bexagliflozin)
WEIGHT LOSS MEDICATIONS	Stop taking medication 7 days before your procedure.	<ul style="list-style-type: none"> • Phentermine • Lomaira®, Adipex-P® (phentermine) • Qsymia® (phentermine/ topiramate) • Phendimetrazine
	Stop taking medication 3 days before procedure.	<ul style="list-style-type: none"> • Contrave® (naltrexone/ bupropion)
ERECTILE DYSFUNCTION MEDICATIONS	Stop taking 1 day before procedure.	<ul style="list-style-type: none"> • Sildenafil (Viagra®) • Vardenafil (Levitra®) • Avanafil (Stendra)
	Stop taking 2 days before your procedure. *Note: If taking low dose Cialis®(5mg or less) for benign prostatic hyperplasia (BPH), you may continue before your procedure.	<ul style="list-style-type: none"> • Tadalafil (Cialis®)

Pre-Procedure Instructions

Medication Instructions (continued)

When to stop taking your medications before procedure:

- Your procedure date is day 0.
- You will count backwards from your procedure date for the number of days you must stop taking your medication.

EXAMPLE:

Medication Instructions	Procedure Date: Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Last day medication can be taken
Stop taking 7 days before procedure.	10/15/24	10/14/24	10/13/24	10/12/24	10/11/24	10/10/24	10/9/24	10/8/24	10/7/24

Medication Name	Instructions	Date of Surgery	Last day medication can be taken	Notes
Example: Ozempic	Stop taking 7 days before procedure	10/15/24	10/7/24	Clear liquid diet before procedure